



THE Heartbeat



OFFICIAL PUBLICATION OF CHAPTER 4, KNIGHTS OF COLUMBUS

VOLUME 1, NUMBER 1, SECOND QUARTER 2019

CHAPTER EVENTS

DATE	DAY	TIME	ACTIVITY	LOCATION
August 2019				
8/10	Saturday	6:00 pm	Annual Scotch Doubles Bowling Knight	Strathmore Lanes, 1061 Route 34 Aberdeen, NJ
8/14	Wednesday	7:30 pm	Admission Degree Ceremony	Our Lady of Peace Council #11378 North Brunswick, NJ
8/15	Thursday	7:30 pm	Annual Chapter audit Trustees Only	Our Lady of Lourdes Council #7250 Milltown, NJ
September 2019				
9/19	Thursday	7:30 pm	Chapter Meeting	St. Cecilia's Council #7046 10 Kingston Ln., Monmouth Junction

NEW JERSEY STATE DEPUTY'S MESSAGE



Brothers,
Welcome to Fraternal Year 2019-2020, and the new Chapter 4 Newsletter. Thank you to our Worthy **Chapter President,**

Joe Sabella, for putting this idea into action.

I was extremely proud and humbled to be installed as New Jersey's 62nd State Deputy last month at the new State Deputies' Orientation in New Haven. I'm also very honored to be able to represent the Metuchen Diocese and Chapter 4, what I consider

the best Diocese in the state. It's been a long time coming and I know Metuchen has sometimes felt like the state's stepchild.

Well, that all changes now. Though my responsibility extends to the entire state, I want to see Metuchen leading the way. And, there's no reason why we can't do this. But, I can't do it alone. I need your help. Each and every one of you.

By the time you read this, we will be well into the Fraternal Year. Hopefully, as we've preached over and over, you aren't taking the summer off. We have a lot of good programs that can do a lot of good for our Church and for our communities. But, we need men. Men who want to

see their "Faith in Action." That means each of you has to recruit. Each of you has to spread our message. I'm not asking you to turn into a super salesman. Just tell people why YOU joined this great order. I'm issuing a challenge. I want to see each of our 57 active Councils bring in 1 (ONE, UNO, UN), just 1 new member per month. If we do, we will be very successful!

I would also like to see the Chapter become more vibrant. I was very concerned about the declining attendance at meetings and, thanks to the approval of the Chapter's Trustees; we agreed to change the meetings from a) a Friday to a Thursday, so as not to conflict with family obliga-

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Chapter Officers

Position	Member	Phone	E-mail
State Officer	Vinnie Tavormina, SD	609-642-6604	vtavormina@hotmail.com
Chaplain	Fr. William Smith	732-828-1400	frsmith_kofc_tettes@yahoo.com
President	Joseph L. Sabella	732- 763-4758	joesabella@verizon.net
Vice-President	Francis A. Rees	732-828-2942	frees814@gmail.com
Secretary	Edward Schilke	732-560-0569	eschilke@gmail.com
Treasurer	Scott Minnihan	732-356-6660	s_minnihan@yahoo.com

Chapter Committees

Sergeant-at-Arms	Robert Gray	908-647-5983	junegray3@yahoo.com
Ronald McDonald House	Dave Pinto John Bauer Stan Hubbard	732-672-3811 732-236-4149	pintodaj@optonline.net jabauer@optonline.net stanahu@aol.com
Shoulder to Shoulder	Frank Rees	732-828-2942	frees814@gmail.com
Visitation	Bill Hoffman	908-236-8189	dollarbill31@comcast.net
Ultrasound initiative	Stan Hubbard	908-420-2124	stanahu@aol.com
Pride in Priests Dinner	Frank Rees	732-828-2942	frees814@gmail.com
Convention Party	Bill Herring/Bill Hoffman	732-512-8825	debill99@verizon.net
Right to Life	Bob Keeling	NA	rkeeling@embarqmail.com
Rutgers Catholic Center	Dave Pinto	732-672-3811	pintodaj@optonline.net
Veteran's Affairs	Bill Hoffman	908-236-8189	dollarbill31@comcast.net
Lyons	Ed Shellman	908-850-0536	eshellman@comcast.net
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Chapter Audit	Bob Keeling	NA	rkeeling@embarqmail.com

District Deputies

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District 66	Art Troccoli	732-259-9424	artroccoli58@gmail.com
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District 69	Gerard D'Ambrosio	732-679-2230	gdambrosiokoc7424@gmail.com
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tions; and b) every month to every other month. I'm counting on you who are regular attendees to spread the word, and the DD's to urge every one of your Councils to support the

Chapter. If we do, the Chapter will continue to grow.

Vivat Jesus
Vinnie Tavormina
 State Deputy

NOTES FROM THE CHAPTER PRESIDENT



Worthy Brothers All,
 Summer is finally here and it should not impede our goals for the new Columbian Year.

On behalf of myself and the newly elected Officers we would like to extend our thanks to **Father Edward R. Flanagan, Pastor** of Nativity of Our Lord Parish. In addition, we would offer our thanks to **Chaplain Father William Smith** and **Deacon John Shelton** for the con-celebration of the Mass. A special thank you is extended to our **State Deputy, Vincent Tavormina**, for installing the Chapter Officers. Finally a thank you goes to the Brothers of Nativity of Our Lord Council #14658 for providing a delicious dinner and desert.

Special thanks to the outgoing **President Ron Fojtlin** for his service and dedication to the Chapter.

Joseph L. Sabella
 Chapter 4 President

CHAPLAIN'S BLESSING



As a nation we celebrated our 243rd birthday, two thoughts came to mind the freedoms we have and that this time of the year many people take vacations. Reflecting upon the latter I thought of these words from the Book of Genesis. "God finished the work he had done, and He rested from all the work He had done. God blessed the

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seventh day and hallowed it because on it God rested from all the work He had done in creation.”

That tradition of resting one day of the week has been lost in our society and for many of us. On our day off, if we get one, is usually filled with other things to do or catch up on things we want to accomplish. It seems we can't get everything we need to complete to find time to rest. But God gives us an excellent example that it is important to take time to rest. Several times in the gospels, the sacred authors wrote “Jesus went off to a deserted place to pray and rest.” Remember Jesus is the Son of God.

Many people take vacations this time of the year. I am surprised at how many say I need a vacation from my vacation. Vacations are meant to be a time to rest, relax, do something different, and at times do nothing. Taking time to do nothing is not a waste of time. It is an opportunity to allow God to re-create us. It is an opportunity for our body, mind and spirit to be re-created.

Last October, I went on vacation with my sister and brother-in-law. I was looking forward and enjoyed that time because we haven't had that opportunity in many, many years. We made a lot of plans filled with sight-seeing and doing different things together. While making our plans, I told them that on the last day of my vacation the day before I travel to return home, I don't make any plans to do anything. I just relax with no agenda or plans. At times that is difficult, especially when I am with other people. I found it a wonderful way to end my vacation. I return home relaxed, rejuvenated, rested and re-created.

Whatever you are doing this summer, **ENJOY**

Vivat Jesus. GOD BLESS!
Father William Smith

VETERAN'S OUTREACH PROJECT

St. Augustine of Canterbury Council #8415 will be chairing their volunteer project at the Veterans' Memorial Home at Menlo Park, 132 Evergreen Road, Edison, NJ from 1:00 PM to 3:30 PM.

They transport the wheelchair-bound residents to the music program in the central area of the Home and then back to their individual areas.

Help them serve those who have served their country and their fellow Americans. Contact **SK Byron Dyer** at *b_dyer@comcast.net* or 732-821-7585.

SAVE THE DATE PRIDE IN PRIESTS DINNER

The 2020 Pride in our Priests Dinner will be held on May 1st, 2020 from 6:30 pm to 9:30 pm at its new venue, *The Imperia*, 124 Easton Ave, Somerset, NJ 08873.



The new venue offers a sit down dinner entrees, an bar for liquid refreshments, and valet parking.

No formal program will be presented and comments will be kept to a greet-

ing by his **Excellency Most Reverend James F. Checchio**.

The price remains \$50.00 per person. The chairman of this event is **SK Frank Rees**, who can be reached at *frees814@gmail.com*.

THE CENTER FOR GREAT EXPECTATIONS

Grounded in a spirituality that treasures the dignity of all, The Center for Great Expectations seeks to form a partnership with homeless pregnant and/or parenting women & adolescents, men, and their children in creating a safe place, safe presence, and safe path, which enables them to experience, choose and maintain physical, psychological, social and spiritual health for themselves, their children and families.



CHAPTER FOUR VISITATIONS FOR 2019 - 2020

August 15, 2019:

Annual audit at Our Lady of Lourdes Council 7250, 233 N. Main St., Milltown, N.J. 7:30 pm. **Trustee's only.**

September 19, 2019:

Meeting at St. Cecilia's Council 7046, 10 Kingston Ln., Monmouth Junction 08852, 7:30 pm.

November 21, 2019:

Memorial Mass for all deceased members of Chapter 4 at Our Lady of Peace Council #11378, 277 Washington Pl., North Brunswick, N.J. 08902 7:30 pm.

January 23, 2020:

Meeting at South Plainfield Council #6203, 334 Hamilton Blvd., 07080 – 7:30pm.

March 26, 2020:

Meeting at Blessed Sacrament Council #5959, 1890 Washington Valley Rd., Martinsville, N.J. 7:30 pm.

May 6, 2020:

Pride in Priests Dinner at *The Imperia*, 1714 Easton Ave., Somerset, New Jersey 08873 – Cocktails at 6:30 pm and Dinner at 7:00 pm.

May 15th/16th 2020:

NJ State Convention in Wildwood, New Jersey.

June 4, 2020:

St. Matthias, Council #9925 – 168 JFK Blvd., Somerset, 08873. Election of Chapter Officers at 6:00pm. Mass at 6:30 pm followed by light refreshments.

SENDING A HERO HOME FOR THE HOLIDAYS

Help Support our Veterans – Join us at Yankee Stadium on Sunday July 21, 2019 starting time 1:05 pm. Purchase your tickets now – **Go To:** <https://offer.fevo.com/new-jersey-state-knights-of-columbus-dd77de?>

Pick your choice of section: Section 121 (\$75.00) and Section 232B (\$55.00). The first 200 tickets purchased will receive a Yankee Cap with the K of C Emblem. Approximately \$18.00 of each ticket sold



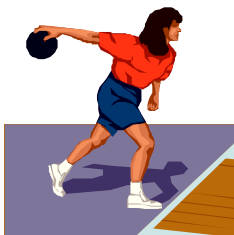
Chapter President Ron Fotjlin presents a check to Fran Johnson of the PA&IC as State Secretary Vinnie Tavormina watches.



The newly-elected State Officers: (l to r) Russell Petrocelli, Raymond Sands, Vincent Tavormina, Bishop Bootkoski, James Stover, and James Sweeney.



St. Ambrose Knights of Columbus Presents The 8th Annual Scotch Doubles Bowling Knight



Where: Strathmore Lanes, 1061 route 34, Aberdeen, NJ

When: Saturday August 10, 2019. (6 pm registration, 6:30 (start)

Cost: \$30.00 per couple (Includes: line fees, shoe rental, and pizza at the alleys during event.)



Come join us for a *Knight* of bowling fun and frivolity! Door Prizes!

Open to all, Knights membership **is not** required. All pairs are eligible to enter. **Availability is limited so register early!**

For more information or to reserve a spot please contact **Rick Dufresne** by phone (732) 322-9477, e-mail: randkdufresne@optonline.net or **Rob LaRocca** @ (732) 887-3369.

Log into the Chapter Four website njchapter4.com for additional information/events in the Metuchen Diocese.